

RUNNING TAMPA BAY

DATE	EVENT/DISTANCE	CONTACT	LOCATION	MISC.
SATURDAY WEEKLY 5:30 AM	YMCA MARATHON TRAINING GROUP RUNS - VARIOUS DISTANCES	YMCA - FRED VASCONI 813-222-1334	DOWNTOWN YMCA TAMPA FL	WATER.GATORADE EVERY 2 MILES
SAT AND SUNDAY WEEKLY 6:00 AM	WEST FLORIDA "Y" RUNNERS CLUB GROUP RUNS	SKIP ROGERS trotskip1@ate.net	CITY HALL PLAZA CLEARWATER FL	RUNS BETWEEN 3-23 MILES "DO THE LOOP"
SATURDAY WEEKLY 7:00 AM	FISHHAWK TRAINING RUN 3. 6 OR MORE MILES	STEVE DUNN 813-681-6141	FISHHAWK RANCH LITHIA FL	
SATURDAY WEEKLY 7:00 AM	TAKE THE FIRST STEP ALL LEVELS 3 MILES AND UP	LYNN GRAY 813-481-9310	CARROLLWOOD CORNERS AND TRAILHEAD AT UPPER TAMPA TRAIL	ALL SPEEDS ALL ABILITIES ALL RUNNERS
SUNDAY WEEKLY 7:00 AM	TBR MARATHON TRAINING GRP VARIOUS DIST. AND PACES 4 MILES TO 20 MILES	TONY BRACERO 813-969-4706	NEXT TO FIRE STATION TEMPLE TERRACE FL	ALL WELCOME ALL SPEEDS ALL ABILITIES
SUNDAY JANUARY 10 8:30 AM	KIWANIS " THEY SAID IT COULDN'T BE DONE" 5 MILE ADVENTURE RUN	JOE GARRISON 727-535-2257	HONEYMOON ISLAND STATE PARK, DUNEDIN FL.	ARRIVE BEFORE 8 A FOR FREE ADMISSIO TO PARK
SATURDAY JANUARY 16 8:30 AM	RUN WITH THE NUNS 5K AND 1 MILE	JIM BURGASSER 727-322-2293	WAR VETERANS MEMORIAL PAR ST. PETE FL.	
SATURDAY JANUARY 23 TBA	5TH ANNUAL CLEARWATER HALFATHON -- 3.1 MILES & 5 M	VOICEMAIL 727-347-4440	CLEARWATER FL.	
SATURDAY JANUARY 23 9:00 AM	SUNCOAST SPRINT 5K	TERRY PHAYRE 727-844-7726	ROTARY PAVILION HUDSON FL.	
SATURDAY JANUARY 30 8:00 AM	GUARDIAN GALLOP 5K	863-534-4605 863-644-1469	LAKE HOLLINGWORTH LAKELAND FL.	
SATURDAY JANUARY 30 8:30 AM	RUN WITH PRIDE 5K AND 1 MILE	KARLA GORSKY 813-383-6577	TAMPA FL.	
SUNDAY JANUARY 31 TBA	FLORIDA CHALLENGE 1/2 MARATHON AND 5K	TAMPARACES.COM 813-232-5200	ALAFIA RIVER STATE PARK LITHIA FL.	
SATURDAY FEBRUARY 6 8:00 AM	13TH ANNUAL FISHHAWK ROAD RACE 5K/10K & KID'S FUN RUN	HIT THE TRAIL 813-681-6141	FISHHAWK LITHIA FL.	
SATURDAY FEBRUARY 6 8:00 AM	5K CRUSADER GALLOP 5K AND 1 MILE	MARYANNE DEL MONTE 727-461-1207	WILSON TRAIL - DEL ORO PARK CLEARWATER FL.	
SATURDAY FEBRUARY 6 8:00 AM	TREVOR'S MILLER MOB 5K	PAMELA MC CANN 727-360-6286	ROSSELLI PARK ISLE OF CAPRI TREASURE ISLAND FL.	
SATURDAY FEBRUARY 6 8:30 AM	RUN FOR THE GREYS 5K AND 1 MILE	ANGIE MACHNIAK 727-249-9187	LAKE SEMINOLE PARK SEMINOLE FL.	
SATURDAY FEBRUARY 13 5:30 AM	DANCES WITH DIRT GREEN SWAMP 1/2 MARATHON 50K, 50 MI,50 RELAYS	RANDY STEP 734-929-9027 randy@runningfit.com	WITHLACOOCHIE RIVER STATE PARK DADE CITY FL.	dwdgreenswamp.com
SATURDAY FEBRUARY 13 8:00 AM	5K RACE FOR A CHILD'S FUTURE 5K AND 1 MILE	727-246-3132	ST LEO COLLEGE ST. LEO FL.	
SATURDAY FEBRUARY 13 8:00 AM	SUNCOAST CLASSIC 10K AND 5K	727-865-4297	ST. PETE FL.	
SATURDAY FEBRUARY 13 8:30 AM	CHINSEGUT RUN AND FUN WALK. 5K	KRISTIN WOOD 352-754-6722	23212 LAKE LINDSEY RD. BROOKSVILLE FL.	
SUNDAY FEBRUARY 14 8:00 AM	FLATWOODS FOUR 4 MILER	TAMPARACES.COM 813-232-5200	TROUT CREEK TAMPA FL.	
SATURDAY FEBRUARY 20 7:30 AM	RUN YOUR HEART OUT 5K AND 1 MILE	KELLIE TAYLOR 727-796-1333	COUNTRYSIDE GOLF COURSE CLEARWATER FL.	
SUNDAY FEBRUARY 21 8:00 AM	CIGAR CITY CLASSIC 5K	FRPM PROMOTION 813-874-7223	AL LOPEZ PARK TAMPA FL.	GREAT TRAINING RUN FOR GASPARILL DISTANCE CLASSIC
SATURDAY FEBRUARY 27 7:30 AM	GASPARILLA DISTANCE CLASSIC 15 K AND 5K	INFORMATION LINE 813-254-7866	DOWNTOWN TAMPA FL.	
SUNDAY FEBRUARY 28 6:00 AM	GASPARILLA MARATHON 26.2 AND 13.1 MILES	INFORMATION LINE 813-254-7866	DOWNTOWN TAMPA FL.	
SATURDAY MARCH 6 7:30 AM	BELLEAIR CLASSIC 10K AND 5K	belleairclassic@yahoo.com www.belleairclassic.com	BELLEAIR FL.	
SATURDAY MARCH 6 7:30 AM	ZOO ZOOM 5K RUN	INFORMATION LINE 813-254-7866	LOWRY PARK ZOO TAMP	

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SATURDAY MARCH 6 8:00 AM	2010 PASCO CHALLENGE 5K,10K AND 1/2 MAR.	INFORMATION 727-848-8888	JAY B. STARKEY PARK NEW PORT RICHEY FL.	
FRIDAY MARCH 12 7:00 PM	SHAMROCK'N RUN 5K	SKIP POTS 813-587-6740 X5016	LARGO FL.	
SATURDAY MARCH 13 8:00 AM	ARMADILLO RUN XXVII 10K,5K AND 1 MILE	COLLEEN MORRISSETTE 813-855-5824	OLDSMAR LIBRARY OLDSMAR FL.	
SUNDAY MARCH 14 TBA	TROUT CREEK TRAIL RUNS	TAMPARACES.COM 813-232-5200	TAMPA FL.	
SUNDAY MARCH 14 8:00 AM	BRANDON SHAMROCK CLASSIC 10K AND 5K	INFORMATION 813-681-4279	SABAL PARK BRANDON FL.	
SATURDAY MARCH 20 TBA	2009 FIGHT FOR AIR CLIMB	1800-LUNG-USA	TAMPA FL.	
SATURDAY MARCH 20 8:00 AM	STRAWBERRY CLASSIC 5K AND 10K	727-512-8535 813-238-4226 813-695-3877	TEMPLE TERRACE ELEM. TEMPLE TERRACE FL.	
SUNDAY MARCH 21 TBA	INAUGURAL FLORIDA'S BEACH HALFATHON 13.1 M	VOICEMAIL 727-347-4440	FORT DESOTO PARK ST. PETE FL.	
SATURDAY MARCH 27 7:30 AM	RACE FOR SIGHT 5K	TERRI GOLDSTEIN 813-289-7025	TAMPA FL.	
SATURDAY MARCH 27 8:00 AM	BEACH TO BAYOU 5K	TERRY SMITTERS 727-943-3651	FRED HOWARD PARK TARPON SPRINGS FL.	
SATURDAY APRIL 3 8:00 AM	HARE RACING EXPERIENCE 5K AND 1 MILE	TOM ORTH 813-870-3414 X5	USF CAMPUS TAMPA FL.	
SATURDAY APRIL 10 7:30 AM	LARAWAY MEMORIAL SUPER GOPHER 5K AND 1 MILE	727-243-0359 352-346-6705	HUDSON FL.	
SATURDAY APRIL 10 8:00 AM	HARVEY'S FESTIVAL OF STATES 5K RUN	INFORMATION LINE 8727-821-9888	DOWNTOWN ST. PETE FL.	
SATURDAY APRIL 10 8:00 AM	IRON GIRL 15K AND 5K	www.irinairl.com info@ironairl.com	PIER 60 CLEARWATER FL.	
SATURDAY APRIL 24 7:30 AM	BLUE RIBBON 5K RACE KIDA AGAINST CHILD ABUSE	KERRI PEDERSEN 727-544-3900 X168	WALSINGHAM PARK LARGO FL.	
FRIDAY APRIL 30 TBA	HCPA RUN FOR SHELTER 5K	FRPM PROMOTION 813-874-7223	YBOR CITY TAMPA FL.	
SATURDAY MAY 1 7:00 AM	BARTOW KIWANIS 5K	TODD VARGO 863-534-6465	BARTOW FL.	
SATURDAY MAY 1 7:30 AM	MAY CLASSIC 5K	FRPM PROMOTION 813-874-7223	HYDE PARK TAMPA FL.	
SUNDAY MAY 2 8:30 AM	DARE TO GO BARE 5K RUN AND 2.5K WALK	LAKE COMO 813-949-1810	LAKE COMO RESORT LUTZ FL.	
SATURDAY MAY 15 7:15 AM	MILES FOR MOFFITT 5 MILE AND 5K	www.milesformoffitt.com	USF CAMPUS TAMPA FL.	