

RUNNING SOUTH

DATE	EVENT/DISTANCE	CONTACT	LOCATION	MISC.
SATURDAY WEEKLY 6:00 AM	MIAMI RUNNERS SATURDAY MORNING RUNS 6:00 A.M. SHARP	305-227-1500	PARROT JUNGLE MIAMI FL	
SATURDAY WEEKLY 6:30 AM	BOCA RATON SATURDAY MORNING FUN RUNS	407-487-0605	A1A AND PALMETTO RD. BOCA RATON FL	
SUNDAY WEEKLY 6:30 AM	FT. LAUDERDALE RUNNERS SUNDAY TRAINING RUNS	HOWARD ELAKMAN 305-782-2237	DEERFIELD BEACH FL	
SATURDAY MARCH 6 7:30 AM	KWS MARATHON SOMBRERO BEACH 26.2, 15K, 10K, 5K	305-289-9868		
SATURDAY MARCH 13 7:00 AM	ST. PADDY'S DAY 4 MILER	954-970-7752	TRADEWINDS PARK FORT LAUDERDALE FL.	
SATURDAY APRIL 3 7:30 AM	RUN LIKE A BUNNY 5K	954-970-9634	POMPANO BEACH FL.	
SATURDAY APRIL 3 8:00 AM	TURTLE TROT 5K	305-296-7182	KEY WEST FL.	
SATURDAY APRIL 17 TBA	2009 FIGHT FOR AIR CLIMB	1-800-LUNG-USA	MIAMI FL.	
SATURDAY APRIL 17 TBA	7 MILE BRIDGE RUN 7 MILES	305-3095-7040	KEY WEST FL.	
SATURDAY MAY 8 7:00 AM	GFLRRC RUN FOR THE ROSES	954-970-7752	MARKHAM PARK SUNRISE FL.	