

## RUNNING SOUTH

DATE	EVENT/DISTANCE	CONTACT	LOCATION	MISC.
SATURDAY WEEKLY 6:00 AM	MIAMI RUNNERS SATURDAY MORNING RUNS 6:00 A.M. SHARP	305-227-1500	PARROT JUNGLE MIAMI FL	
SATURDAY WEEKLY 6:30 AM	BOCA RATON SATURDAY MORNING FUN RUNS	407-487-0605	A1A AND PALMETTO RD. BOCA RATON FL	
SUNDAY WEEKLY 6:30 AM	FT. LAUDERDALE RUNNERS SUNDAY TRAINING RUNS	HOWARD ELAKMAN 305-782-2237	DEERFIELD BEACH FL	
SATURDAY MARCH 12 7:00 AM	SAINT PATRICK'S 4 MILER	954-970-7752	TRADEWINDS PARK MIAMI FL.	
SATURDAY MARCH 26 7:00 AM	SURPORT OUR TROOPS 5K AND 10K	954-461-6320	ANCHORAGE PARK NORTH PALM BEACH FL.	
SATURDAY APRIL 2 5:30 PM	SEAFARES HOUSE 5K	954-384-7521	PORT EVERGLADES FL.	
SUNDAY APRIL 3 7:30 AM	GUMBO LIMBO GREEN TURTLE 10K	561-361-1950	SPANISH RIVER PARK BOCA RATON FL.	
SATURDAY APRIL 9 TBA	SEVEN MILE BRIDGE RUN 7 MILES	305-395-7040	MARATHON FL.	
WEDNESDAY APRIL 13 7:30 AM	JIM RICHARDSON 5K	954-384-7521	SPORT COMPLEX COOPER CITY FL.	
SATURDAY APRIL 16 TBA	FIGHT FOR AIR CLIMB 55 FLOOR STAIRCLIMB	JULIE SELVAGGI 954-524-4657	MIAMI FL.	