

## RUNNING TAMPA BAY

DATE	EVENT/DISTANCE	CONTACT	LOCATION	MISC.
SATURDAY WEEKLY 5:30 AM	YMCA MARATHON TRAINING GROUP RUNS - VARIOUS DISTANCES	YMCA - FRED VASCONI 813-222-1334	DOWNTOWN YMCA TAMPA FL	WATER.GATORADE EVERY 2 MILES
WEDNESDAY WEEKLY 6:00 AM	UP AND RUNNING	TRACY 813-428-5946	SUNCOAST RUNNING LUTZ FL.	UP TO 6 MILES
SAT AND SUNDAY WEEKLY 6:00 AM	WEST FLORIDA "Y" RUNNERS CLUB GROUP RUNS	SKIP ROGERS trotskip1@ate.net	CITY HALL PLAZA CLEARWATER FL	RUNS BETWEEN 3-23 MILES "DO THE LOOP"
SATURDAY WEEKLY 7:00 AM	FISHHAWK TRAINING RUN 3, 6 OR MORE MILES	STEVE DUNN 813-681-6141	FISHHAWK RANCH LITHIA FL	
SATURDAY WEEKLY 7:00 AM	TAKE THE FIRST STEP ALL LEVELS 3 MILES AND UP	LYNN GRAY 813-481-9310	CARROLLWOOD CORNERS AND TRAILHEAD AT UPPER TAMPA TRAIL	ALL SPEEDS ALL ABILITIES ALL RUNNERS
SUNDAY WEEKLY 7:00 AM	TBR MARATHON TRAINING GRP VARIOUS DIST. AND PACES 4 MILES TO 20 MILES	TONY BRACERO 813-969-4706	NEXT TO FIRE STATION TEMPLE TERRACE FL	ALL WELCOME ALL SPEEDS ALL ABILITIES
THURSDAY WEEKLY 6:30 PM	THIRSTY THURSDAY RUNS	TRACEY 813-428-5946	SUNCOAST RUNNING 813-428-5946	UP TO 6 MILES
SATURDAY MARCH 5 7:30 AM	COUNTRYSIDE CLOVER CLASSIC 5K AND 1 MILE	KELLIE TAYLOR 727-796-1333	COUNTRYSIDE FL.	
SATURDAY MARCH 5 7:30 AM	ZOOM ZOOM 5K	INFORMATION 813-935-8552	LOWRY PARK ZOO TAMPA FL.	
SUNDAY MARCH 6 TBA	XTERRA TROUT CREEK 15K & 5K TRAIL RUNS	TAMPARACES.COM 813-232-5200 www.tamparaces.com	TROUT CREEK PARK TAMPA FL.	
FRIDAY MARCH 11 7:00 PM	SHAMROCK RUN 5K	CHIP POTTS 727-587-6740 X5016	LARGO FL.	
SATURDAY MARCH 12 TBA	PASCO CHALLENGE 13.1,10K,5K	INFORMATION 1-888-496-8004	JAY STARKEY PARK NEW PORT RICHEY FL.	
SATURDAY MARCH 12 8:00 AM	2011 PASCO CHALLENGE 5K,10K AND 13.1 MILES	888-496-8004 727-848-8888	JAY B. STARKEY PARK NEW PORT RICHEY FL.	
SATURDAY MARCH 12 8:00 AM	ARMADILLO RUN XXVIII 10K,5K AND 1 MILE	COLLEEN MORRISSETTE 813-855-5824	OLDSMAR FL.	
SUNDAY MARCH 13 8:00 AM	BRANDON SHAMROCK CLASSIC 5K AND 10K	INFORMATION 813-681-4279	SABAL PARK BRANDON FL.	
SATURDAY MARCH 19 8:00 AM	30TH ANNUAL STRAWBERRY CLASSIC 5K AND 10K	RON TILLER 813-843-3276	TEMPLE TERRACE ELEM. TEMPLE TERRACE FL.	
SATURDAY MARCH 19 8:00 AM	LA BARQUITA FUN RACE 5K	MEGAN ROG 813-810-8484	AL LOPEZ PARK TAMPA FL.	
SUNDAY MARCH 20 7:00 AM	FLORIDA GULF BEACHES RD RACES HALFATHON AND 5K	INFORMATION 727-347-4440	FORT DESOTO PARK ST. PETE BEACH FL.	
FRIDAY MARCH 25 TBA	HONDA GRAND PRIX 5K	SUSAN DANIELS 727-820-7790	STRAUB PARK ST. PETE FL.	
SATURDAY MARCH 26 TBA	FIGHT FOR AIR CLIMB 42 FLOOR STAIRCLIMB	JAMIE KAHNS 727-347-6133	TAMPA FL.	
SATURDAY MARCH 26 12:30 PM	CHASCO FIESTA MAIN STREET MILE	VAL OR DEAN LOFTON 813-457-5199 813-845-5327	DOWNTOWN NEW PORT RICHEY FL.	
SUNDAY MARCH 27 9:00 AM	MASON'S WALK FOR PREVENTION	masonswalk.org	WALSINGHAM PARK LARGO FL.	
FRIDAY APRIL 1 7:00 PM	APRIL FOOLS DAY 5K	IRONMAN 360 STORE 818-751-1255	NORTH TAMPA FL.	
SATURDAY APRIL 2 7:30 AM	10TH ANNUAL ROAR THROUGH YBOR 5K AND 1 MILE	INFORMATION 813-453-7885	CENTENNIAL PARK YBOR CITY FL.	
SATURDAY APRIL 2 8:00 AM	BEACH TO BAYOU 5K AND 1 MILE	OFFICE 727-943-3651	FRED HOWARD PARK TARPON SPRINGS FL.	
SATURDAY APRIL 2 8:00 AM	SUNCOAST SPRINT AT CHASCO FIESTA 5K	TERRY PHAYNE 727-884-7726	NEW PORT RICHEY FL.	
FRIDAY APRIL 8 7:00 PM	RUN FOR SHELTER 5K	FRPM PROMOTION 813-874-7223	CENNTENIAL PARK YBOR CITY FL.	RUN AT NIGHT THRU YBOR CITY

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SATURDAY APRIL 9 TBA	CROOM TRAIL 50M / 50K FOOLS RUN	TAMPARACES.COM 813-232-5200 www.tamparaces.com	CROOM TRAIL WITHLACOOCHIE RIVER PARK BROOKSVILLE FL.	
SATURDAY APRIL 9 7:30 AM	LARAWAY MEMORIAL SUPER GOPHER 10K AND 5K	BARB 727-243-0359 352-346-6705	HUDSON FL.	
SUNDAY APRIL 10 TBA	IRONGIRL HALF MARATHON AND 5K RUN	www.irongirl.com	CLEARWATER BEACH CLEARWATER FL.	
SATURDAY APRIL 23 8:00 AM	HARE RACING EXPERIENCE 5K AND 1 MILE	INFORMATION 813-374-8907	USF CAMPUS TAMPA FL.	
SATURDAY APRIL 23 8:30 AM	STOP CHILD ABUSE 5K 5K AND 1 MILE	KERRI PEDERSEN 727-543-0142 www.Suncoastcenter.org	WALSINGHAM PARK LARGO FL.	
SATURDAY APRIL 30 7:00 PM	ULTRA MILES FOR MOFFITT 12 HOUR ENDURANCE RUN	PETE PFANNERSTILL 813-282-7200	USF TRACK TAMPA FL.	
SUNDAY MAY 1 TBA	XTERRA THE CLAW 10 MILE & 5 MILER	TAMPARACES.COM 813-232-5200 www.tamparaces.com	ALFIA RIVER STATE PARK ALFIA FL.	
SUNDAY MAY 1 8:15 AM	DARE TO GO BARE 5K AND 2.5K POWER WALK	ARLENE 813-949-1810	LAKE COMO RESORT LUTZ FL.	
SATURDAY MAY 7 7:30 AM	MAY CLASSIC 5K AND 1 MILE FUN RUN	FRPM PROMOTION 813-874-7223	HYDE PARK VILLAGE TAMIA FL.	
SATURDAY MAY 7 8:00 AM	INNISBROOK GREEN DAY 5K AND FAMILY EVENT	ARICA HARO 727-942-5518	SALAMANDER GOLF & SPA RESO INNISBROOK FL.	
SATURDAY MAY 7 7:00 PM	MAYFAIRE 5000 5K RUN	FITNICHE 863-619-5390	LAKE MIRROR LAKELAND FL.	
SUNDAY MAY 8 8:00 AM	I LOVE " MOTHER'S" DAY 5K	INFORMATION 813-495-1251	JOHN CHESTNUT PARK PALM HARBOR FL.	
SATURDAY MAY 14 7:00 AM	FLORIDA BANK MILES FOR MOFFITT 5 MILE, 5K & 1 MILE	SUSAN MEADOWS 813-745-1380	USF SUN DOME TAMPA FL.	
SATURDAY MAY 14 8:00 AM	DUNEDIN HOG HUSTLE 5K	AMERICAN RUNNING CO. 727-736-8232	DUNEDIN FL.	
FRIDAY MAY 20 TBA	BUZZ HOGE MEMORIAL 5K	SUSAN DANIELS 727-820-7790	MADERIA BEACH FL.	
SATURDAY MAY 21 8:00 AM	HARVEY'S 5K RUN	INFORMATION LINE 727-821-9888	DOWNTOWN ST. PETE FL.	
SATURDAY MAY 21 8:00 AM	US SECRET SERVICE 5K ROAD RACE	ERIC RIESENFELD 813-661-8586	THE TIMES FORUM DOWNTOWN TAMPA FL.	
FRIDAY JUNE 10 7:00 PM	OLDSMAR TAP HOUSE 5K	INFORMATION 727-420-4666	TAP HOUSE OLDSMAR FL.	
SATURDAY JUNE 11 7:30 AM	RAP RIVER RUN 5K AND 1 MILE	PAT PATERSON 727-934-5320	SIMS PARK NEW PORT RICHEY FL.	
SATURDAY JUNE 11 7:30 AM	RAP RIVER RUN 5K AND 1 MILE	727-934-5320	SIMS PARK DOWNTOWN NEW PORT RICHEY	
SATURDAY JULY 23 10:00 AM	THE HIGHLANDER OBSTACLE MUD ADVENTURE RUN	www.rockonadventures.com http://www.sianmeup.com/	BARTOW FL.	