

## RUNNING NORTH

DATE	EVENT/DISTANCE	CONTACT	LOCATION	MISC.
SUNDAY WEEKLY 6:30 AM	SUNDAY MORNING RUNS 6, 10, 13 AND 18 MILE LOOPS	BILL CORNELL 904-260-3417	SUN TIRE, BLANDING BLVD ORANGE PARK FL	
WEDNESDAY WEEKLY 6:00 PM	CAPT'N FUN RUNS	850-934-1248	BOARDWALK PENSACOLA BEACH FL	ANY DISTANCE
TUESDAY WEEKLY 6:30 PM	INTERVALS WORKOUT	GARY DROZE 850-561-MILE	FSU TRACK TALLAHASSEE FL	
SATURDAY MARCH 8 8:30 AM	GATES RIVER RUN 15K AND 5K	1ST PLACE SPORTS 904-731-1900	DOWNTOWN JACKSONVILLE FL.	
SATURDAY MARCH 15 9:00 AM	MC GUIRE'S 5K PREDICTION RUN	850-433-6789	MC GUIRE'S PUB PENSACOLA FL.	
SATURDAY MARCH 15 4:30 PM	LIGHTHOUSE 5K	904-824-3939	LIGHTHOUSE ST. AUGUSTINE FL.	
SUNDAY MARCH 16 8:00 AM	ST. PATTY'S 10 MILE RUN 10 MILE AND 5K	1ST PLACE SPORTS 904-731-1900	JACKSONVILLE FL.	
SATURDAY MARCH 29 8:00 AM	SPRINGTIME TALLAHASSEE 10K AND 5K	850-383-1361	TALLAHASSEE FL.	
SATURDAY APRIL 5 8:00 AM	NAVARRE RUNNING WILD ZOO 5K	DINA PEITSCH 850-939-1134	NAVARRE BEACH FL.	
SATURDAY APRIL 12 8:00 AM	PALACE SALOON 5K	REID VANNOY 850-591-7891	TALLAHASSEE FL.	
SATURDAY APRIL 12 8:00 AM	RUN THE SUN 8K	904-759-7902	DOG TRACK ORANGE PARK FL.	
SATURDAY APRIL 19 8:00 AM	OAKLEAF 5K	1ST PLACE SPORTS 904-731-1900	OAKLEAF PLANTATION JACKSONVILLE FL.	
SATURDAY APRIL 26 8:00 AM	RUN WITH THE SPARTANS 5K	1ST PLACE SPORTS 904-731-1900	ST. JOHN'S DAY SCHOOL ORANGE PARK FL.	
SATURDAY MAY 3 8:00 AM	PRA FIESTA 5K RUN 10K AND 5K	JACKIE BROWN 850-516-9445	PENSACOLA FL.	
SUNDAY MAY 4 8:00 AM	NAVY RUN 10K	1ST PLACE SPORTS 904-731-1900	LIGHTHOUSE PONCE INLET FL.	