

## RUNNING TAMPA BAY

DATE	EVENT/DISTANCE	CONTACT	LOCATION	MISC.
SATURDAY WEEKLY 5:30 AM	YMCA MARATHON TRAINING GROUP RUNS - VARIOUS DISTANCES	YMCA - FRED VASCONI 813-222-1334	DOWNTOWN YMCA TAMPA FL	WATER,GATORADE EVERY 2 MILES
SAT AND SUNDAY WEEKLY 6:00 AM	WEST FLORIDA "Y" RUNNERS CLUB GROUP RUNS	MICHAEL WEISS 727-644-7702	CITY HALL PLAZA CLEARWATER FL	RUNS BETWEEN 3-23 MILES "DO THE LOOP"
SUNDAY WEEKLY 7:00 AM	BRA GROUP RUNS - TUES 4 MILES 6:30 PM NATURES WAY THURS 6:30 PM BLOOM. TRK	LARRY BASS 685-6299	VARIOUS LOCATIONS BRANDON FL	SUNDAY 6:00 AM NATURES WAY BRANDON FL.
SATURDAY WEEKLY 7:00 AM	FISHHAWK TRAINING RUN 3, 6 OR MORE MILES	STEVE DUNN 813-681-6141	FISHHAWK RANCH LITHIA FL	
SUNDAY WEEKLY 7:00 AM	TBR MARATHON TRAINING GRP VARIOUS DIST. AND PACES 4 MILES TO 20 MILES	TONY BRACERO 813-969-4706	NEXT TO FIRE STATION TEMPLE TERRACE FL	ALL WELCOME ALL SPEEDS ALL ABILITIES
TUESDAY NITE WEEKLY 6:30 PM	PROGRESSIVE TRAINING TEAM TRACK WORK OUTS	DROR VAKNIN 813-846-5021	UNIVERSITY OF TAMPA TRACK TAMPA FL	coachdror@aol.com
TUESDAY WEEKLY 6:30 PM	TAKE THE FIRST STEP TRACK WORKOUTS	LYNN GRAY 813-961-9347	HILL MIDDLE SCHOOL TRACK NORTH TAMPA FL.	ALL ABILITY LEVELS OF RUNNERS WELC
SATURDAY MARCH 8 8:00 AM	ARMADILLO RUN XXV 10K AND 5K 1 MI WELLNESS RUN/WALK	COLLEEN MORRISETTE 813-855-5824	DOWNTOWN OLDSMAR FL.	
SATURDAY MARCH 8 8:00 AM	STRAWBERRY CLASSIC 10K AND 5K	LARRY OLSEN 813-695-3877	TEMPLE TERRACE ELEM. TEMPLE TERRACE FL	
SUNDAY MARCH 9 8:30 AM	TROUT CREEK TRAIL RUNS 15K AND 5K	INFORMATION 727-347-4440	TROUT CREEK PARK TAMPA FL	
FRIDAY MARCH 14 7:00 PM	SHAMROCK N RUN 5K RUN, 1.5 MILE WALK KIDS FUN RUN	SKIP POTTS 727-587-6740 X5016	ULMER PARK LARGO FL.	
SUNDAY MARCH 16 7:45 AM	BAY TO BAY CLASSIC 12K AND 5K	INFORMATION 727-367-RACE	ST. PETE FROM BOCA CIEGA BAY TO TAMPA BAY	
SUNDAY MARCH 16 8:00 AM	BRANDON SHAMROCK CLASSIC 10K AND 5K	INFORMATION 727-347-4440	SABAL PARK TAMPA FL	
SATURDAY MARCH 22 TBA	CROOMTRAIL FOOLS RUN 50 MILE, 50K, 15 MILES	813-232-5200	BROOKSVILLE FL	
SATURDAY MARCH 22 8:00 AM	HARE RACING EXPERIENCE 5K AND 1 MILE	TOM ORTH 813-870-3414	USF CAMPUS TAMPA FL	
SATURDAY MARCH 22 8:00 AM	JUSTIN'S RUN 5K AND 1 MILE	813-263-2030	SUNLAKE ROAD LUTZ FL.	
SATURDAY MARCH 29 7:00 AM	JESSIE RUN "RUN FOR INNOCENCE" 5 MILE AND 5K	KECIA RICHARDSON 813-727-0786	ST. PETE TIMES FORUM TAMPA FL	
SUNDAY MARCH 30 8:00 AM	MAX BAYNE 10 MILE & 5K	MICHAEL WEISS 727-644-7702 lwewfla@aol.com	FORT DESOTO PARK ST. PETE FL.	RRCA FLORIDA STAT 10 MILE CHAMPIONS
SATURDAY APRIL 5 8:00 AM	RYKA IRON GIRL 10K AND 5K	INFORMATION LINE 727-942-4767 X231	COACHMAN PARK CLEARWATER FL.	
SATURDAY APRIL 5 8:15 AM	RALLY TO REMEMBER 13.1,10K AND 5K	OHN GRECO 727-848-888 888-496-8004	JAY B. STARKEY PARK NEW PORT RICHEY FL.	
SUNDAY APRIL 6 8:00 AM	FLATWOODS FOUR 4 MILER	INFORMATION 813-232-5200	FLATWOODS PARK THONOTOSASSA FL	
SUNDAY APRIL 6 8:00 AM	RUN FOR THE MATZAH'S 5K	MINDY SOLOMON 727-588-0100	TAYLOR PARK LARGO FL.	
SATURDAY APRIL 12 TBA	URBAN DARE ST. PETE APRIL 12TH TAMPA - MAY 24TH	KEVIN KEEFE 202-285-4510	ST. PETE TAMPA FL.	
SATURDAY APRIL 12 7:30 AM	RACE FOR SIGHT 5K	813-289-1200 X256	CENTENNIAL PARK TAMPA FL	
SATURDAY APRIL 12 8:00 AM	BEACH TO BAYOU 5K	DEAN COSGROVE 727-409-3435 727-943-3651	TARPON SPRINGS FL.	
SATURDAY APRIL 12 8:00 AM	FESTIVAL OF STATES 5K & 1 MILE	MARY LITTLEJOHN 727-567-1018	DOWNTOWN ST. PETE FL.	
SATURDAY APRIL 12 7:45 PM	TEMPLE TERRACE ROAD RACE 5K	SCOTT ANDREWS 813-989-7180	RECREATION CENTER TEMPLE TERRACE FL	

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SUNDAY APRIL 13 7:30 AM	MOVIN FOR MEALS 10K AND 5K	FITPLANET 941-361-1185	LAKEWOOD RANCH SARASOTA FL.	
SATURDAY APRIL 19 7:30 AM	BLUE RIBBON RUN 5K AND 1 MILE	KERRI PEDERSEN 727-544-3900 X168	WALSINGHAM PARK LARGO FL.	
SATURDAY APRIL 19 7:30 AM	FRENCHY'S GUMBO RUN 5K AND BEACH RUN	ROB POWERS 727-798-0611	CLEARWATER BEACH FL.	
SATURDAY APRIL 19 8:00 AM	PLANT PANTHER 5K	MIKE BOZA 9813-244-8908	AL LOPEZ PARK TAMPA FL	
SATURDAY APRIL 26 TBA	TALON ADVENTURE RUN	INFORMATION 813-232-5200	LITHIA FL.	
SATURDAY APRIL 26 8:00 AM	DRAFT DAY DASH 5K	FRPM PROMOTION 813-874-7223	RAYMOND JAMES STADIUM TAMPA FL	
SATURDAY MAY 3 7:15 AM	MAY CLASSIC 5K 5K AND 1 MILE FUN RUN	MARISA ADAMS 813-675-5488	OLD HYDE PARK TAMPA FL.	
SUNDAY MAY 4 8:30 AM	DARE TO GO BARE 5K AND 2.5K WALK	ARLENE 813-909-8641	LAKE COMO RESORT LUTZ FL.	
SATURDAY MAY 10 7:30 AM	MILES FOR MOFFITT 5K AND 1 MILE	813-745-1346	USF CAMPUS TAMPA FL.	
SATURDAY MAY 10 7:00 PM	MAYFAIRE CLASSIC 5K	FITNICHE 863-619-5390	LAKE MIRROR LAKELAND FL.	
SUNDAY MAY 11 8:00 AM	MOTHER'S DAY 5K	AMERICAN RUNNING CO. 727-736-8232	JOHN CHESTNUT PARK PALM HARBOR FL.	
SATURDAY MAY 17 8:00 AM	HOG HUSTLS 5K	CHRIS HORBAN 727-812-4537	DUNEDIN FL.	
SATURDAY MAY 17 8:00 AM	SECRET SERVICE 5K	ERIN GIFFORD 813-227-2380	ST. PETE FORUM DOWNTOWN TAMPA FL.	
FRIDAY MAY 30 6:45 PM	PICNIC ISLAND AVENTURE RUN #1 5K	INFORMATION 727-347-4440	PICNIC ISLAND TAMPA FL	
FRIDAY MAY 30 7:15 PM	GROW FINANCIAL 5K	813-0837-2535	CROSSTOWN CENTER TAMPA FL	
SATURDAY JUNE 7 8:00 AM	SPRING INTO SUMMER 5K	813-966-7608	AL LOPEZ PARK TAMPA FL	
SATURDAY JUNE 14 8:00 AM	RAP RIVER RUN 5K	INFORMATION 813-835-4166	SIMS PARK NEW PORT RICHEY FL.	
SUNDAY JUNE 15 8:00 AM	FATHER'S DAY 5K	AMERICAN RUNNING CO. 727-736-8232	JOHN CHESTNUT PARL PALM HARBOR FL.	
FRIDAY JUNE 20 7:00 PM	HIT THE TRAILS XC RACE #1 5K	HIT THE TRAILS 813-681-6141	FISHHAWK RANCH LITHIA FL.	
FRIDAY JUNE 20 7:00 PM	SUNSET AT THE PIER SERIES #1	MICHAEL WEISS 727-644-7702	THE PIER CLEARWATER BEACH FL.	
FRIDAY JUNE 27 6:45 PM	PICNIC ISLAND AVENTURE RUN #2 5K	INFORMATION 727-347-4440	PICNIC ISLAND TAMPA FL	
SUNDAY JULY 6 8:00 AM	RUN THRU HELL 2008	FRPM PROMOTION 813-874-7223	AL LOPEZ PARK TAMPA FL	
FRIDAY JULY 18 7:00 PM	HIT THE TRAILS XC RACE #2 5K	HIT THE TRAILS 813-681-6141	FISHHAWK RANCH LITHIA FL.	
FRIDAY JULY 18 7:00 PM	SUNSET AT THE PIER SERIES #2	MICHAEL WEISS 727-644-7702	THE PIER CLEARWATER BEACH FL.	
FRIDAY JULY 25 6:45 PM	PICNIC ISLAND AVENTURE RUN #3 5K	INFORMATION 727-347-4440	PICNIC ISLAND TAMPA FL	
FRIDAY AUGUST 1 7:00 PM	SUNSET AT THE PIER SERIES #3	MICHAEL WEISS 727-644-7702	THE PIER CLEARWATER BEACH FL.	
FRIDAY AUGUST 15 7:00 PM	HIT THE TRAILS XC RACE #3 5K	HIT THE TRAILS 813-681-6141	FISHHAWK RANCH LITHIA FL.	

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