

RUNNING ORLANDO

DATE	EVENT/DISTANCE	CONTACT	LOCATION	MISC.
SUNDAY WEEKLY TBA	GROUP RUNS FROM 290 MORNINGSIDE AVE.	DONNA HIATT 904-255-1279	DAYTONA BEACH FL	
SATURDAY MAY 9 7:30 AM	I DRIVE 5K RUN	EMMI 407-898-1313	POINT ORLANDO FL.	
SATURDAY MAY 16 6:00 PM	JIM PAYNE BLUE RIBBON 5K FOR KIDS HOUSE	EMMI 407-898-1313	DOWNTOWN SANFORD FL.	
SATURDAY MAY 23 8:00 AM	SPACECOAST SPORTS FESTIVAL 5K	321-433-4891	WICKHAM PARK MELBOURNE FL.	
SUNDAY MAY 24 TBA	WICKHAM PARK MARATHON 26.2.50.100 & 200 MILES	MARTY WINKEL 321-537-3526	WICKHAM PARK MELBOURNE FL.	
SATURDAY MAY 30 7:30 AM	FRIENDS OF LAKE LOUISA 5K	352-394-1320	CLERMONT FL.	
TUESDAY JUNE 16 8:00 AM	DURF AND SAND 5K	321-455-1380	LORI WILSON PARK COCOA BEACH FL.	
SATURDAY JULY 4 7:30 AM	WATERMELON 5K	EMMI SPORTS 407-896-1160	WINTER PARK FL.	
SATURDAY AUGUST 1 TBA	MOSS PARK FOREST RUN 5K AND 10K	407-273-2327	MOSS PARK ORLANDO FL.	
SUNDAY AUGUST 16 7:30 AM	CELEBRATION OF RUNNING 5K	EMMI 407-898-1313	ORLANDO SCIENCE CENTER ORLANDO FL.	
SUNDAY AUGUST 23 TBA	MDCS 5K	321-452-0263	MERRITT ISLAND FL.	
SATURDAY SEPTEMBER 12 7:30 AM	AUTUMN ROCK AND ROLL 5K	EMMI 407-898-1313	CASSELBERRY FL.	
SATURDAY SEPTEMBER 26 7:00 AM	MIRACLE MILES 15 AND 15K	EMMI 407-898-1313	ORLANDO REGINAL HOSPITAL ORLANDO FL.	
SATURDAY DECEMBER 19 7:30 AM	FLORIDA MARATHON 26.2.13.1 AND 5K	352-241-7144 X4209	CLERMONT FL.	