

RUNNING SOUTH

DATE	EVENT/DISTANCE	CONTACT	LOCATION	MISC.
SATURDAY WEEKLY 6:00 AM	MIAMI RUNNERS SATURDAY MORNING RUNS 6:00 A.M. SHARP	305-227-1500	PARROT JUNGLE MIAMI FL	
SATURDAY WEEKLY 6:30 AM	BOCA RATON SATURDAY MORNING FUN RUNS	407-487-0605	A1A AND PALMETTO RD. BOCA RATON FL	
SUNDAY WEEKLY 6:30 AM	FT. LAUDERDALE RUNNERS SUNDAY TRAINING RUNS	HOWARD ELAKMAN 305-782-2237	DEERFIELD BEACH FL	
SATURDAY MAY 16 7:30 AM	FIT2RUN 4 MILER	561-753-9343	OKEEHEELEE PARK WEST PALM BEACH FL.	
SATURDAY MAY 23 7:00 AM	MEMORIAL DAY CLASSIC 5K	954-384-7521	TOWN CENTER WESTON FL.	
SATURDAY JUNE 6 6:30 PM	SCHOONER WHALF 8K	305-296-7182	KEY WEST FL.	
SATURDAY JUNE 27 7:00 AM	GFLRRC - FREEDOM 5K	954-970-7752	QUIET WATERS PARK DEERFIELD BEACH FL.	
SATURDAY JULY 4 7:00 AM	JULY 4TH CLASSIC AT WESTON 5K	954-384-7521	TOWN CENTER WESTON FL.	
SATURDAY JULY 4 8:00 AM	CRIME STOPPERS 5K	305-296-7182	KEY WEST FL.	
SATURDAY AUGUST 1 8:00 AM	COAST GUARD DAYS 5K	305-745-3027	KEY WEST FL.	
SATURDAY AUGUST 15 7:00 AM	GFLRRC-ING MIAMI KICK-OFF 5K	954-970-7752	BIRCH PARK FORT LAUDERDALE FL.	