

RUNNING TAMPA BAY

DATE	EVENT/DISTANCE	CONTACT	LOCATION	MISC.
SATURDAY WEEKLY 5:30 AM	YMCA MARATHON TRAINING GROUP RUNS - VARIOUS DISTANCES	YMCA - FRED VASCONI 813-222-1334	DOWNTOWN YMCA TAMPA FL	WATER,GATORADE EVERY 2 MILES
SAT AND SUNDAY WEEKLY 6:00 AM	WEST FLORIDA "Y" RUNNERS CLUB GROUP RUNS	MICHAEL WEISS 727-644-7702	CITY HALL PLAZA CLEARWATER FL	RUNS BETWEEN 3-23 MILES "DO THE LOOP"
SUNDAY WEEKLY 7:00 AM	BRA GROUP RUNS - TUES 4 MILES 6:30 PM NATURES WAY THURS 6:30 PM BLOOM. TRK	LARRY BASS 685-6299	VARIOUS LOCATIONS BRANDON FL	SUNDAY 6:00 AM NATURES WAY BRANDON FL.
SATURDAY WEEKLY 7:00 AM	FISHHAWK TRAINING RUN 3, 6 OR MORE MILES	STEVE DUNN 813-681-6141	FISHHAWK RANCH LITHIA FL	
SATURDAY WEEKLY 7:00 AM	TAKE THE FIRST STEP ALL LEVELS 3 MILES AND UP	COLEEN CHRISTENSEN 813-385-9715	CITRUS PARK PLAZA 7620 GUNN HWY.	ALL SPEEDS ALL ABILITIES ALL RUNNERS
SUNDAY WEEKLY 7:00 AM	TBR MARATHON TRAINING GRP VARIOUS DIST. AND PACES 4 MILES TO 20 MILES	TONY BRACERO 813-969-4706	NEXT TO FIRE STATION TEMPLE TERRACE FL	ALL WELCOME ALL SPEEDS ALL ABILITIES
WEEKDAYS WEEKLY 6:30 PM	BRANDON GROUP RUNS	ELTON KOSTECKA 813-293-6898	VARIOUS DISTANCES BRANDON FL.	
TUESDAY NITE WEEKLY 6:30 PM	PROGRESSIVE TRAINING TEAM TRACK WORK OUTS	DROR VAKNIN 813-846-5021	UNIVERSITY OF TAMPA TRACK TAMPA FL	coachdror@aol.com
SATURDAY MAY 10 7:30 AM	MILES FOR MOFFITT 5K AND 1 MILE	813-745-1346	USF CAMPUS TAMPA FL.	
SATURDAY MAY 10 8:00 AM	HEALTHY HEART WOMEN'S RUN 5K	813-870-4747	AL LOPEZ PARK TAMPA FL	
SATURDAY MAY 10 7:00 PM	MAYFAIRE CLASSIC 5K	FITNICHE 863-619-5390	LAKE MIRROR LAKELAND FL.	
SUNDAY MAY 11 8:00 AM	MOTHER'S DAY 5K	AMERICAN RUNNING CO. 727-736-8232	JOHN CHESTNUT PARK PALM HARBOR FL.	
SATURDAY MAY 17 8:00 AM	HOG HUSTLS 5K	CHRIS HORBAN 727-812-4537	DUNEDIN FL.	
SATURDAY MAY 17 8:00 AM	SECRET SERVICE 5K	ERIN GIFFORD 813-227-2380	ST. PETE FORUM DOWNTOWN TAMPA FL.	
SATURDAY MAY 17 7:00 PM	PACE FOR PREVENTION 5K	FRPM PROMOTION 813-874-7223	LOWRY PARK ZOO TAMPA FL	
FRIDAY MAY 23 7:15 PM	GROW FINANCIAL 5K	813-0837-2535	CROSTOWN CENTER TAMPA FL	
FRIDAY MAY 30 6:45 PM	PICNIC ISLAND AVENTURE RUN #1 5K	INFORMATION 813-232-5200	PICNIC ISLAND TAMPA FL	
FRIDAY JUNE 6 7:00 PM	RUN FOR SHELTER 5K ** NEW DATE **	FRPM PROMOTION 813-874-7223	CENTRO YBOR YBOR CITY, TAMPA FL.	
FRIDAY JUNE 6 7:00 PM	ST. PETE BEACH SUMMER SERIES #1	727-360-9213	SIRATA BEACH HOTEL ST. PETE BEACH FL.	
SATURDAY JUNE 7 8:00 AM	SPRING INTO SUMMER 5K	813-966-7608	AL LOPEZ PARK TAMPA FL	
WEDNESDAY JUNE 11 6:00 PM	TAKE THE FIRST STEP SUMMER SERIES #1	813-453-7885 813-908-1960 813-398-2117	AL LOPEZ PARK	
SATURDAY JUNE 14 8:00 AM	RAP RIVER RUN 5K	INFORMATION 813-835-4166	SIMS PARK NEW PORT RICHEY FL.	
SUNDAY JUNE 15 8:00 AM	I LOVE FATHER'S DAY 5K	AMERICAN RUNNING CO. 727-736-8232	JOHN CHESTNUT PARK PALM HARBOR FL.	
FRIDAY JUNE 20 7:00 PM	HIT THE TRAILS XC RACE #1 5K	HIT THE TRAILS 813-681-6141	FISHHAWK RANCH LITHIA FL.	
FRIDAY JUNE 20 7:00 PM	SUNSET AT THE PIER SERIES #1	MICHAEL WEISS 727-644-7702	THE PIER CLEARWATER BEACH FL.	
WEDNESDAY JUNE 25 6:00 PM	TAKE THE FIRST STEP SUMMER SERIES #2	813-453-7885 813-908-1960 813-398-2117	AL LOPEZ PARK	
FRIDAY JUNE 27 6:45 PM	PICNIC ISLAND AVENTURE RUN #2 5K	INFORMATION 813-232-5200	PICNIC ISLAND TAMPA FL	

RACEPLACE

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FRIDAY JULY 4 12:01 AM	KIWANIS MIDNIGHT RUN 10K AND 5K	JOE GARRISION 727-535-2257	DUNEDIN FL.	
FRIDAY JULY 4 8:00 AM	LUTZ DAY INDEPENDENCE DAY 5K	TERRY DONOVAN 813-949-6659	LUTZ FL.	
SUNDAY JULY 6 8:00 AM	RUN THRU HELL 2008	FRPM PROMOTION 813-874-7223	AL LOPEZ PARK TAMPA FL	
FRIDAY JULY 11 7:00 PM	ST. PETE BEACH SUMMER SERIES #2	727-360-9213	SIRATA BEACH HOTEL ST. PETE BEACH FL.	
FRIDAY JULY 18 7:00 PM	HIT THE TRAILS XC RACE #2 5K	HIT THE TRAILS 813-681-6141	FISHHAWK RANCH LITHIA FL.	
FRIDAY JULY 18 7:00 PM	SUNSET AT THE PIER SERIES #2	MICHAEL WEISS 727-644-7702	THE PIER CLEARWATER BEACH FL.	
SATURDAY JULY 19 7:00 PM	TAKE THE FIRST STEP SUMMER SERIES #3	813-453-7885 813-908-1960 813-398-2117	AL LOPEZ PARK	
WEDNESDAY JULY 23 6:00 PM	TAKE THE FIRST STEP SUMMER SERIES #4	813-453-7885 813-908-1960 813-398-2117	AL LOPEZ PARK	
FRIDAY JULY 25 6:45 PM	PICNIC ISLAND AVENTURE RUN #3 5K	INFORMATION 813-232-5200	PICNIC ISLAND TAMPA FL	
FRIDAY AUGUST 1 7:00 PM	SUNSET AT THE PIER SERIES #3	MICHAEL WEISS 727-644-7702	THE PIER CLEARWATER BEACH FL.	
FRIDAY AUGUST 8 7:00 PM	ST. PETE BEACH SUMMER SERIES #3	727-360-9213	SIRATA BEACH HOTEL ST. PETE BEACH FL.	
WEDNESDAY AUGUST 13 6:00 PM	TAKE THE FIRST STEP SUMMER SERIES #5	813-453-7885 813-908-1960 813-398-2117	AL LOPEZ PARK	
FRIDAY AUGUST 15 7:00 PM	HIT THE TRAILS XC RACE #3 5K	HIT THE TRAILS 813-681-6141	FISHHAWK RANCH LITHIA FL.	
FRIDAY AUGUST 15 7:00 PM	SUNSET AT PIER 60 SERIES #4	MICHAEL WEISS 727-644-7702	THE PIER CLEARWATER BEACH FL.	
WEDNESDAY AUGUST 27 6:00 PM	TAKE THE FIRST STEP SUMMER SERIES #6	813-453-7885 813-908-1960 813-398-2117	AL LOPEZ PARK	
MONDAY SEPTEMBER 1 8:00 AM	RUMBLE THRU THE JUNGLE 5K	FRPM PROMOTIONS 813-874-7223	AL LOPEZ PARK TAMPA FL.	